

Programm Om am See

1.7.2022 Freitag	Wiese	1.Terrasse	2.Terrasse	1.Barockgarten	2.Barockgarten	Marrocko Zelt	Zelt	Froggensee
Zeit	Nature & Harmony Floor	Free Your Emotion Floor	Inner Peace Floor	Zen Garden	Vishudda Floor	Buddha Loung	Sahasrara Floor	Peaceful Waves Floor
14.00	Eröffnungzeremonie							
16.00	Wisdom Beats & Poses. Stephanie Schöneberger	Flowing Art Kai & Jasmin	Laura Ma & Vincent	Musik	Kinder Yoga Florian Sorater	Face Yoga Niki	Massage	SUB Yoga Gina & Terrv
18.00	DJAYA Yin Yoga Tania Seehofer	Family Yoga Florian Sorater	Meditations Welten Kim Fleckenstein	UpSideDown Acro Yoga Monika Kolb	Dieter Gurkasch	Vortrag Violetta Labella	Massage	
20.00	Konzert							
22.00								

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2.7.2022 Samstag

	Nature & Harmony Floor	Free Your Emotion Floor	Inner Peace Floor	Zen Garden	Harmony Floor	Buddha Loung	Peaceful Rest	Peaceful Waves Floor
8.00		Sunrisemeditation. Niki						
10.00	Jivamukti. Petros Hafenrichter	Ashtanga Yoga Gabi Neubert	Akaya Meditation. Sandra Nicole Pfaller	Bhakti Yoga. Katalina Kamala Lubina.	Acro Yoga Hula Yoga	Vortrag YoniEi Violetta Labella	Massage	SUB Yoga Gina & Terrv
12.00	Insightflow Janine Mikolajczak	VinjassaFlow LoveYourSpine Nadja	Kundalini Yoga Awakening Monika	Hula Yoga Monika Kolb	Rockstar Yoga Thomas Meinhoff	Vortrag Gabriela Botic	Massage	
13.00	Mittagspause	Mittagspause	Mittagspause	Mittagspause	Mittagspause	Mittagspause	Mittagspause	
15.00	KickAssYoga Jelena Lieberberg	Yin Yoga Ranja Weis	Flowing Art Kai & Jasmin	Kinder Yoga	AKAYA Meditation Sandra Nicole Pfaller	Vortrag Gabriela Botic	Massage	SUB Yoga Gina & Terrv
17.00	Vinyassa Flow Gabriela Botic	Wisdom Beats And Poses Stephanie Schöneberger	Katalina Kamala Lubina/ Hanuman		Acro Yoga Michael Zierstein	Lebenselexier Wasser. Alexander Bödecker	Massage	
19.00	DJAYA Yin Yoga Tania Seehofer	VinyassaFlow DancingQueen Nadja	InsightFlow Original. Janine Mikolajczak	Meditaion InnerPeace. Kim Fleckenstein		Vortrag YoniEi Violetta Labella	Massage	
20.00	Konzert							

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3.7.2022 Sonntag

	Nature & Harmony Floor	Free Your Emotion Floor	Inner Peace Floor	Zen Garden	Harmony Floor	Buddha Loung	Sahasrara Floor	Peaceful Waves Floor
8.00	Sunrise Meditation							
10.00								SUB Yoga Gina & Terrv
12.00								
13.00	Mittagspause	Mittagspause	Mittagspause	Mittagspause	Mittagspause	Mittagspause	Mittagspause	Mittagspause
15.00	KickAssYoga Jelena Lieberberg	Wisdom Beats And Poses Stephanie Schöneberger		FamilyYoga	HulaYoga Monika Kolb	Face Yoga. Niki		SUB Yoga Gina & Terrv
17.00	Abschiedszeremonie							
19.00								
22.00								